



MVPC

Home Communion

Here are some helpful guidelines designed to assist you in preparing for communion for online participation:

BEFORE WORSHIP

- **Remember Your Baptism:** Around 9:30 - 10:00 am, go and wash your hands, remembering your baptism.
- **Cultivate Your Space:** Set up your communion space in a way that reflects your understanding of partaking in this meal. This is your space so feel free to express your understanding of communion.
- **Select a cup, plate and elements** that represent your household. The Directory of Worship states: “The bread used for the Lord’s Supper should be common to the culture of the congregation” (Book of Order W3.0413).

Some possibilities for bread:

- any kind of bread
- Crackers
- pita or nan
- Chips
- tortilla

Some possibilities for beverage:

- grape juice or any other type of juice
- Wine
- water

TAKING COMMUNION

□ **Taking the Lord’s Supper:** Pastor will speak the Invitation to the Lord’s Table, call the servers forward, offer a prayer of Thanksgiving, and Words of Institution. Once the Words of Institution are spoken, congregational members will come forward, receive and consume the elements of the Table. As an online participant, remember that you are joined in the community of faith and reflect the oneness in Jesus Christ regardless of our physical distance. Near the end of congregational procession, the pastor will provide elements to those who serve and then look to the camera for those online:

One of our Pastors will take the bread and say: “The body of Christ broken for you...”for the eating of the bread.

Then the Pastor will raise the cup, and say: “The blood of Christ shed for you...”for the drinking of the cup.

You may pause for a brief moment of silent reflection until we join the final prayer with the Lord’s Prayer after the meal.

AFTER WORSHIP

□ **Conclusion of Worship:** The Directory of Worship states, “At the conclusion of the Service for the Lord’s Day, the bread and cup are to be removed from the table and used or disposed of in a manner approved by the session, in keeping with the Reformed understanding of the Sacrament and principles of good stewardship. This may be accomplished by consuming what remains or returning the elements to the earth.” (Book of Order W3.0414). It can be as simple as you to eat and drink the remainder of the bread and cup elements. If you prefer not to consume them, then be intentional in how you return the elements to the earth.